

# **Co-Active Leadership Experience**

### Better access your own strength and the brilliance of others

The Co-Active Leadership Experience is an intensive and experiential group learning course that will redefine your approach to leadership. True leadership, and what we teach at the Co-Active Training Institute, naturally cascades into all aspects of our lives.

Shifting to a new leadership paradigm with proven Co-Active models can cultivate a new resourcefulness and infinite possibilities.









### **Results**

BY THE END OF THIS COURSE. YOU WILL:

- Acquire abilities to respond to any leadership situation creatively.
- Increase your leadership awareness and agility with our practical new model.
- Effectively navigate the diverse demographics of challenging environments.
- Make more impact with an evolved language and innovative skill set.

### **Competences**

In this training you will be working on the following competence(s):

- Conflict management
- People-oriented leadership
- Self-development
- Stressmanagement
- Tactical behavior/adaptability

At Co-Active, we develop leaders.

- Individuals developing a deeper sense of authority and purpose in their lives.
- Leaders who run small, inspired start-ups.
- Leaders who manage large fortune 100 companies.

There's no limit to the ways in which authentic leadership can present itself. We are all leaders.

### **Prerequisite**

The Co-Active Leadership Experience is designed for everyone who wants to grow their leadership capacity, for leaders and managers in organizations, entrepreneurs, trainers, coaches and consultants. People who practice Co-Active coaching or who have no experience with the Co-Active approach.

### **Participants**

The maximum group size for the training course is 26 participants.









### **Course description**

Traditional leadership paradigms say that leaders are defined by their roles and responsibility. In the new Co-Active leadership paradigm, we believe that everyone is a leader, and there is more than one way to lead.

In this experiential workshop, participants will be guided through all 5 dimensions of the revolutionary Co-Active Leadership Model. You'll learn about different leadership styles, how they can align communication with a common language, and when and how to apply each to be more agile, effective, and able to bring the best version of yourself to any situation.

The Co-Active Leadership Model contains 5 different leadership dimensions; Leader Within, Leader in Front, Leader Behind, Leader Beside and Leader in the Field.

### **Program path**



The course focuses intently on you as a leader and the internal elements you need to develop to be more impactful. It's a deeply self-reflective experience that connects you to your core and explores how you can authentically step into different dimensions of leadership.

The Co-Active dimensions of leadership introduce five ways of being that give leaders the power to be dynamic in any situation and lead with greater relationship intelligence.

## **Leader Within** - SELF-ACCEPTANCE AND SELF-AUTHORITY

Be the change you want to see in the world. Take responsibility for your world by accepting yourself fully as naturally creative, resourceful, and whole. Live your life with integrity, in accordance with your personal values.

#### Leader in Front - CONNECTION AND DIRECTION

This is not top-down leadership, which is about telling people what to do. It's about pointing toward a clear, purpose-led vision, fostering a heart-led connection with your audience, and balancing enrollment with your vision to inspire them to follow along.

#### Leader Behind - SERVING AND COACHING

You are a leader even when you're holding space for others. There are times when it's best to empower other people and call forth their brilliance by listening deeply, asking powerful questions, and acknowledging them.

### Leader Beside - PARTNERSHIP AND SYNERGY

Co-leading with another person is a marvelous dance that is a consciously designed partnership around a shared vision and intention.

#### Leader in the Field - INTUITION AND INNOVATION

Ever walk into a meeting and just "know" there's tension or excitement in the room? Every human has the ability to "sense" what's happening in a space. When you slow down and expand your sensory awareness, you can access your imagination, intuition, and insight.









### **Training Method**

At the Co-Active Leadership Experience, you'll work with other like-minded leaders in a hands-on, group-learning atmosphere.

Experience how multi-dimensional leadership is reshaping workplaces and communities around the world. Our practical and experiential learning is impacting our participants in every aspect of their lives, empowering them to become the authors of their own transformational journeys.

The course will be guided by two experienced co-leaders, each uniquely committed to their own growth and expression of personal leadership. The co-leaders will take you through the dimensions, engaging you in group and paired activities that allow you to explore the dimensions, and yourself, at a deeper level.

The combination of practice, application, and debrief gives you real hands-on exposure to the learning content. As you practice embodying the dimensions, you'll expand your awareness of these unique dynamics and emerge from the course with a greater understanding of how to apply them in every aspect of your life — at work and at home.

### **Accreditation**

ICF CCE Units 11.75 Core Competencies 7.0 Resource Development

#### ICF accreditation

As CTI's partner, Competence is the exclusive provider of its ICF-accredited portfolio in the Netherlands, Germany, Switzerland, Belgium, Luxemburg, Austria, Sweden, Norway and Denmark.

Co-Active Leadership Experience is accredited by the International Coaching Federation (ICF) for Continuing Coach Education (CCE). ICF-certified coaches receive 18.75 CCE units for completing the training.

#### **About ICF**

The <u>International Coaching Federation (ICF)</u>, established in 1995, is the worldwide leader dedicated to advancing the coaching profession by setting high standards, providing independent certification and developing a global network of credentialed coaches.

#### Certificate

At the end of the Co-Active Leadership Experience, you will receive a certificate which shows that you participated in a 18.75-hour ICF-accredited Training program.

### **Duration**

### **Training Days**

The Co-Active Leadership Experience is a 3-day training program. Admission to this program is charged at a daily rate. You are not obliged to stay at the venue overnight, but you may stay in the hotel if you wish. If you would like to book one or more overnight stays at the venue and/or dinners, please contact the venue directly. Competence can not book overnight stays and/or dinners on your behalf.

#### The Co-Active Leadership Experience:

- Day One from og:00 AM to 5:30 PM
- Day Two from 09:00 AM to 5:30 PM
- Day Three from 09:00 AM to 4:30 PM









### Krijg een gratis voorproefje

Twijfel je over de juiste training of opleiding voor jou? Wil jij deze eerst ervaren? Dat kan! Maak vrijblijvend kennis via onze proeverijen. Na afloop weet jij precies of dit de juiste keuze voor jou is. Bekijk alle proeverijen op <a href="https://www.suas.nl/opleidingen/events">www.suas.nl/opleidingen/events</a> en meld je aan.

### Investment

### **Training course**

The price of the training course is € 1.195,00 (excl. 21% VAT).

Do you pay the invoice yourself? Then you automatically get a beneficial advantage. No 21% VAT will be charged. The price will then be  $\le$  1.195,00.

#### **Payment method**

You or your organization will receive a digital invoice from Competence Training Institute – a Schouten & Nelissen company, which can be paid via bank transfer. Or use the payment link in the email for an internet or credit card payment (Mastercard or Visa). Please ensure that payment is made within 30 days of the invoice date and at the latest before the first day of class.

### **Facility costs**

The price for the use of the accommodation, coffee/tea and an extensive lunch buffet is € 262,50 (excl. VAT). You obviously do not pay any facility costs if you choose the online course in the 'virtual class'.

#### **Terms & Conditions**

Our current terms and conditions are displayed at <a href="https://www.competence.org/terms-conditions">www.competence.org/terms-conditions</a>.

### **Current start and registration dates**

You can register for this training course at <a href="www.competence.org/CLE">www.competence.org/CLE</a>. For questions or help with registration contact <a href="mailto:info@competence.org">info@competence.org</a> or call + 31 (0)418 682 938.

### **Additional information**

### Reserve your place

You can book an optional seat in the training you prefer. This will be valid for two weeks. This assures you of participation even if you cannot decide now. Book your option on our website or call + 31 (0)418 682 938.

### Incompany

Do you wish to do this training course together with colleagues? We also provide incompany training courses. We can develop training programs specially tailored to your organization's needs. For more information on tailormade and in-house programs: Call + 31 (0)418 682 938 and book a telephone consultation.

#### Free consultation

Unsure whether this training program fits your learning needs? Our program advisors will be pleased to support you in making the right choice. You can call them on + 31 (0)418 682 938 on working days between 8.00 AM and 5.30 PM.









### **About Competence & SUAS**

### Your talent is the focus

SUAS and our international brand Competence are committed to talent. Whether it is your talent or that of your team or organization, we develop talent by means of training, coaching and consultancy. This way we can contribute to your personal success and the success of your organization.

### **Continuous learning**

Our approach goes beyond classical training. Your learning is optimized by continuously working to achieve your own learning goals.

### The best training, from the best trainers

At Competence & SUAS you are trained by the best trainers. Professionals, trained in behavioral science and with broad experience in group-dynamic processes. Our trainers develop your awareness of your own abilities and help you to develop new skills and behaviors. Their style is down-to-earth and direct, with a strong focus on practical applications. They are also always abreast of and utilize the latest insights in their field.

### **Choose for quality**

Competence & SUAS stand for quality and permanent, positive results - since 1980. This has led to various recognitions and accreditations: Such as CEDEO, ISO 9001, ISO 27001 and NVAO. We are also a member of several industry associations such as NRTO.

### **Training programs throughout Europe**

Competence & SUAS offer you training at more than 30 locations in Europe. Our locations have been selected on the basis of accessibility and quality. And, as many of our training courses start on a weekly or monthly basis, you can start working on your personal development immediately! Start dates and locations can be found on our website <a href="https://www.competence.org">www.competence.org</a>. Please contact us if the location or date that you want is not listed. We will schedule extra

training programs in response to sufficient need.

### **Contact**

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### **Planned events**

Datum	Plaats
05-07-2024	AMSTERDAM
19-09-2024	AMSTERDAM
04-10-2024	DÜSSELDORF
08-11-2024	AMSTERDAM
22-11-2024	OPFIKON (ZURICH)

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